



Welcome back to confirmation preparation!



When you were baptized, you had one or two godparents. Your godparents are the people your family chose to help welcome you into the Catholic Church. Your godparents' job is to help you grow and learn in your Catholic faith. If you were really little when you were baptized, your godparents and your family made faith promises for you.

Can you name your godparents?
Write their names here!

We read before that we pick a sponsor at Confirmation. Today, let's learn more about Confirmation sponsors and what they do to help you!

First, start by brainstorming the important people in your life. Think about friends and family members. Write their names on the right!!

How will you choose a confirmation sponsor?
Use the list below to help you!

- Your confirmation sponsor needs to be a person who has already received Baptism, Eucharist, and Confirmation themselves.
- They should be a person who is a good role model in faith and life. Your sponsor is a person who will help you grow as a Catholic. They work hard to grow their own faith as well by attending Mass and continuing to learn more about God.
- Your sponsor can be one of your godparents.
- Your sponsor should be a person who isn't your parent or guardian. Because of this, you'll have even more faith role models to support you besides your parents!
- Your church might have other rules about sponsors that they'll share with you, such as age limits.

What is your confirmation sponsor's job?

- They'll help you prepare to receive confirmation.
- They'll support you while you learn and they'll help teach you about faith.
- They will pray for you.
- They'll continue to support you in your Catholic faith even after you're confirmed.

Do you already know who your confirmation sponsor will be? Write their name here! If you haven't picked a sponsor yet, think of people you know who could serve as your sponsor. Write their names on the left. Use this list to discuss with your families and pick a sponsor to support you when you're confirmed!

Baptismal Promises

Let's start with a brainstorm!

TRUE or FALSE:Only babies can
be baptized.**TRUE or FALSE:**Anyone can be
baptized at any age.Do you know how old you were when
you were baptized? Share it here!

As we read, baptism is a welcoming sacrament. It's the first sacrament a Catholic receives, and it welcomes us into our church community. When someone is baptized, their priest or deacon asks them to make faith promises. If the person being baptized is a baby or really young, their parents and godparents make the promises for them.



Now that you're ready to receive Confirmation, you're old enough to make the promises for yourself! We call this renewing baptismal promises. Our priest or deacon asks us the same questions from our baptism, and we once again promise God and our church community that we'll keep those promises.

Read over the baptismal promises below. Practice the responses.

Priest: Do you reject Satan? **Us: I do.**Priest: And all his works? **Us: I do.**Priest: And all his empty promises? **Us: I do.**Priest: Do you believe in God, the Father Almighty, creator of heaven and earth? **Us: I do.**

Priest: Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father? **Us: I do.**

Priest: Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? **Us: I do.**

Priest: God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever. **Us: Amen!**

